

CHILDCARE MAY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>	<p>BBQ Beef Meatballs 1 Potato Wedges & Ketchup Cornbread Tropical Fruit</p>	<p>Creamy Chicken Alfredo Penne Pasta 2 *Romaine Salad & Italian Dressing *Fresh Melon *Blanched Carrots for Toddlers *Diced Pears for Toddlers</p>	<p>Beef Tacos 3 Whole Grain Tortilla Shredded Cheddar Cheese & Mild Salsa *Shredded Romaine Lettuce *Fresh Apple *Steamed Corn for Toddlers *Applesauce for Toddlers</p>	<p>Teriyaki Chicken Sandwich 4 *Crunchy Cauliflower Florets Chilled Pineapple *Steamed Cauliflower for Toddlers</p>
<p>Chicken Strips 7 BBQ Dipping Sauce Green Beans *Fresh Apple *Applesauce for Toddlers</p>	<p>Cheeseburger 8 Hamburger Bun *Fresh Zucchini Ranch Dressing & Ketchup Fresh Banana *Blanched Zucchini for Toddlers</p>	<p>Grilled Chicken Breast 9 Loaded Mashed Potatoes Sliced Bread Mandarin Oranges</p>	<p>Popcorn Orange Chicken 10 Vegetable Brown Fried Rice *Kohlrabi Sticks and Ranch Dressing Chilled Peaches *Blanched Carrots for Toddlers</p>	<p>Walking Tacos 11 Seasoned Beef, *Nacho Tortilla Chips Shredded Cheddar Cheese Shredded Romaine *Fresh Melon *Flour Tortillas for Toddlers *Pineapple Tidbits for Toddlers</p>
<p>Crispy Chicken on a Bun 14 Steamed Corn Chilled Pears</p>	<p>Beef Sloppy Joes 15 Vegetarian Baked Beans Fresh Banana</p>	<p>BBQ Beef Riblet 16 Hoagie Roll Glazed Carrots Applesauce</p>	<p>Sweet & Sour Chicken Meatballs 17 Vegetable Brown Rice *Fresh Broccoli & Ranch Dressing Fresh Melon *Blanched Broccoli for Toddlers</p>	<p>Italian Meatsauce over Penne Pasta 18 *Mixed Green Salad w/Ranch Dressing *Fresh Apple *Applesauce for Toddlers *Green Beans for Toddlers</p>
<p>French Toast & Syrup 21 Turkey Sausage *Fresh Cucumbers Chilled Peaches *Blanched Zucchini for Toddlers</p>	<p>Chicken Tacos 22 Whole Grain Tortilla Shredded Cheddar Cheese & Mild Salsa *Shredded Romaine Fresh Banana *Steamed Corn for Toddlers</p>	<p>Meatball Hoagie 23 Beef Meatballs in Marinara Sauce Shredded Mozzarella Cheese *Fresh Apple Tater Tots & Ketchup *Applesauce for Toddlers</p>	<p>Turkey Cheeseburger 24 Hamburger Bun Roasted Red Potatoes *Fresh Strawberries *Diced Pears for Toddlers</p>	<p>Garlic Cheese Pizza Bread 25 Marinara Sauce *Kale & Romaine Salad & Italian Dressing *Fresh Orange *Steamed Broccoli for Toddlers *Mandarin Oranges for Toddlers</p>
<p>Beef Ravioli 28 Dinner Roll *Jicama Sticks & Ranch Dressing Chilled Mixed Fruit *Steamed Green Beans for Toddlers</p>	<p>Chicken & Gravy 29 Creamy Mashed Potatoes Bread & Butter Fresh Banana</p>	<p>BBQ Chicken Slider 30 Mac & Cheese *Fresh Broccoli & Ranch Dressing *Fresh Apple *Blanched Broccoli for Toddlers *Applesauce for Toddlers</p>	<p>Cheese Stuffed Breadsticks 31 Marinara Dipping Sauce *Spinach Salad w/Dressing *Fresh Orange *Steamed Peas for Toddlers *Mandarin Oranger for Toddlers</p>	<p>Cheeseburger Meatloaf 6/1 Slider Bun Steamed Carrots *Fresh Melon *Diced Peaches for Toddlers</p>

MILK VARIETY SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."



*This menu follows the guidelines for NAEYC Accreditation