

CHILDCARE FEBRUARY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.

Beef Sloppy Joes 4

WG Slider Bun
Vegetarian Baked Beans
*Fresh Apple
*Applesauce for Toddlers

BBQ Chicken Slider 5

Macaroni & Cheese
WG Slider Bun
*Zucchini Coins
Ranch Dressing
Fresh Banana
*Blanched Zucchini for Toddlers

Beef Tacos 6

WG Tortilla
Shredded Cheddar Cheese
*Broccoli
Mild Salsa
Chilled Pineapple
*Blanched Broccoli for Toddlers

WG Cheese Stuffed Breadsticks 7

Marinara Dipping Sauce
Vegetable Blend
*Fresh Melon
*Diced Peaches for Toddlers

Walking Tacos 1

*WG Nacho Chips
Shredded Cheddar Cheese
*Fresh Carrot Sticks, Ranch Dressing
Chilled Peaches
*Flour Tortilla for Toddlers
*Blanched Carrots for Toddlers

Italian Meatsauce over WG Penne Pasta 8

*Fresh Carrot Sticks
Ranch Dressing
*Fresh Orange
*Blanched Carrots for Toddlers
*Mandarin Oranges for Toddlers

Chicken Gyro 11

WG Flatbread
Fresh Cucumbers
Shredded Romaine
Mandarin Oranges
*Blanched Zucchini for Toddlers

Beef Tacos 12

WG Tortilla
Shredded Cheddar Cheese
*Shredded Romaine
Mild Salsa
Fresh Banana
*Blanched Broccoli for Toddlers

Popcorn Orange Chicken 13

Fried Vegetable Brown Rice
*Fresh Broccoli, Ranch Dressing
Orange Sauce
*Fresh Melon
*Blanched Broccoli for Toddlers
*Pineapple Tidbits for Toddlers

BBQ Chicken Meatballs 14

Potato Wedges
WG Cornbread
Ketchup
Applesauce

WG Garlic Cheese Pizza Bread 15

Marinara Sauce
*Zucchini Coins
*Fresh Orange
*Blanched Zucchini for Toddlers
*Mandarin Oranges for Toddlers

WG French Toast 18

Turkey Sausage
Fresh Celery
Pancake Syrup
Chilled Tropical Fruit
*Blanched Carrots for Toddlers

WG Beef Ravioli 19

WG Tea Biscuit
*Cauliflower Florets
Ranch Dressing
Fresh Banana
*Blanched Cauliflower for Toddlers

Grilled Chicken Breast 20

Loaded Mashed Potatoes
WG Tea Biscuit
*Fresh Strawberries
*Diced Peaches for Toddlers

Turkey Cheeseburger 21

WG Slider Bun
Roasted Red Potatoes
Ketchup
*Fresh Orange
*Mandarin Oranges for Toddlers

Teriyaki Chicken 22

WG Hamburger Bun
*Fresh Broccoli
Ranch Dressing
*Fresh Apple
*Blanched Broccoli for Toddlers
*Applesauce for Toddlers

Meatball Hoagie 25

Beef Meatballs in Marinara Sauce
WG Hot Dog Bun
Shredded Mozzarella Cheese
Potato Cubes
Ketchup
Chilled Pears

Chicken Tacos 26

Whole Grain Tortilla
Shredded Cheddar Cheese & Mild Salsa
*Shredded Romaine Lettuce
*Fresh Apple
*Blanched Carrots for Toddlers
*Applesauce for Toddlers

Chicken Ala King 27

Creamy Mashed Potatoes
WG Tea Biscuit
Butter PC
*Fresh Melon
*Diced Pears for Toddlers

WG Crispy Chicken Patty 28

WG Slider Bun
Green Beans
Ranch Dressing
Peaches

MILK VARIETY SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

naeyc

*This menu follows the guidelines for NAEYC Accreditation