

CHILDCARE MAY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Beef Ravioli 1</p> <p>*Jicama Sticks & Ranch Dressing Dinner Roll *Fresh Orange *Steamed Peas for Toddlers *Applesauce for Toddlers</p>	<p>Chicken & Gravy Loaded Mashed Potatoes 2</p> <p>*Zucchini Coins White/Wheat Bread & Butter Fresh Banana *Blanched Zucchini for Toddlers</p>	<p>NEW! French Bread Dipper 3</p> <p>Marinara Dipping Sauce</p> <p>*Baby Carrots Chilled Mixed Fruit *Blanched Carrots for Toddlers</p>	<p>BBQ Chicken Slider Mac & Cheese 4</p> <p>*Fresh Broccoli & Ranch Dressing *Fresh Melon *Blanched Broccoli for Toddlers *Pineapple Tidbits for Toddlers</p>	<p>Beef Nachos 5</p> <p>*Corn Tortilla Chips *Cucumbers and Ranch Dressing *Fresh Apple *Spanish Rice for Toddlers *Blanched Cauliflower for Toddlers *Applesauce for Toddlers</p>
<p>Pizza Burger Flatbread 8</p> <p>with Shredded Mozzarella *Fresh Carrots *Fresh Orange *Blanched Carrots for Toddlers *Mandarin Orange for Toddlers</p>	<p>Beef Tacos 9</p> <p>Whole Grain Tortilla, Shredded Cheese *Shredded Romaine Lettuce Diced Tomatoes *Fresh Apple *Steamed Corn for Toddlers *Applesauce for Toddlers</p>	<p>Creamy Chicken Alfredo Penne Pasta 10</p> <p>*Romaine Salad & Italian Dressing *Fresh Melon *Blanched Carrots for Toddlers *Diced Pears for Toddlers</p>	<p>BBQ Beef Meatballs 11</p> <p>*Fresh Broccoli & Ranch Dressing Corn Bread Tropical Fruit *Steamed Broccoli for Toddlers</p>	<p>Teriyaki Chicken Sandwich 12</p> <p>*Crunchy Cauliflower Florets Pineapple Chunks *Steamed Cauliflower for Toddlers</p>
<p>Chicken Tenders 15</p> <p>BBQ Sauce Green Beans *Fresh Apple *Applesauce for Toddlers</p>	<p>Cheeseburger 16</p> <p>Hamburger Bun *Fresh Zucchini & Ranch Dressing Ketchup Chilled Peaches *Blanched Zucchini for Toddlers</p>	<p>Grilled Chicken Breast 17</p> <p>Loaded Mashed Potatoes Dinner Roll *Fresh Orange *Diced Pears for Toddlers</p>	<p>Crunchy Orange Chicken 18</p> <p>Vegetable Brown Fried Rice *Kohlrabi Sticks & Ranch Dressing Fresh Banana *Blanched Carrots for Toddlers</p>	<p>Cheese Lasagna Rolls 19</p> <p>Marinara Sauce & Mozzarella Cheese *Kale & Romaine Salad Italian Dressing *Chilled Fruit Cup *Steamed Broccoli for Toddlers *Mandarin Oranges for Toddlers</p>
<p>Crispy Chicken on a Bun 22</p> <p>Steamed Corn Chilled Pears</p>	<p>Beef Sloppy Joe on a Bun 23</p> <p>Vegetarian Baked Beans Fresh Banana</p>	<p>Sweet & Sour Chicken Meatballs 24</p> <p>Vegetable Brown Rice *Celery Smiles & Ranch Dressing *Fresh Melon *Blanched Cauliflower for Toddlers *Diced Peaches for Toddlers</p>	<p>Roast Turkey & Gravy 25</p> <p>Buttermilk Biscuit Glazed Carrots Applesauce Cup</p>	<p>Italian Meatsauce over Penne Pasta 26</p> <p>*Mixed Green Salad Ranch Dressing *Fresh Apple *Blanched Broccoli for Toddlers *Applesauce for Toddlers</p>
<p>French Toast & Syrup Turkey Sausage 29</p> <p>*Fresh Cucumbers Chilled Peaches *Blanched Zucchini for Toddlers</p>	<p>Chicken Taco 30</p> <p>Whole Grain Tortilla Shredded Cheese, Salsa *Shredded Romaine Fresh Banana *Steamed Green Beans for Toddlers</p>	<p>Mighty Meatball Foldit 31</p> <p>Beef Meatballs in Marinara Sauce Flatbread Shredded Mozzarella Cheese Oven French Fries & Ketchup *Fresh Apple *Applesauce for Toddlers</p>	<p>FRESH FAVORITE</p> <p>BANANAS</p> <p>Bananas are the most widely consumed fruit on the planet. They have a healthy dose of potassium which not only keeps your heart healthy, but also helps your muscles work. Bananas also contain "resistant" starch which nourishes the good bacteria in your gut in order to fight the bad bacteria.</p> 	

MILK VARIETY SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

naeyc

*This menu follows the guidelines for NAEYC Accreditation